

As promised, here's the recap of the MDSC zoom event on Thursday, August 19, 2021. Sixty two (62) paid MDSC members registered for the "Eye Care and Optical Needs" with Robert Dunn, the one and only Licensed Deaf Optician on this bright Thursday morning. Dunn whose name sign is very fitting (see above) did NOT fail us!

President Zinza opened with a warm welcome and strongly encouraged us to stay after the Dunn presentation to be eligible for the Door Prize drawings led by Treasurer Cathy Thompson. She thanked Vice President Schroeder for her hard work on planning this event. Schroeder then introduced Dunn and mentioned that she spotted him in one of the advertisements during The Daily Moth. She threw in a happy belated birthday wish to Dunn, a Leo who was born on August 16th.

Dunn started with a fascinating background information about himself. He experienced audism and ageism but broke the language and culture barriers throughout his years as optician. His business grew and he got Deaf and Hard of Hearing customers via "word of hands" and through social media. He is licensed in Massachusetts and Florida. He has a place in Atlantic Beach near Jacksonville, Florida. His ultimate goal is to work with his customers and make sure they are more than satisfied with his work. Dunn shared pertinent information about different types of eye specialists, optical lenses, and valuable information about cataracts and eye diseases and conditions.

We learned from Dunn that in some cases our vision improves when we retire due to living a stress-free lifestyle! I was wondering how we can keep our eyesight healthy. So I googled and here is what I found:

We can't **correct** our vision without professional help, and there's no quick-and-easy fix for eyesight problems. But with tools such as good nutrition and diet, you can still help your eyesight naturally and on your own. As always, please discuss with your eye doctor. For more, check

https://coopervision.com/eye-health-and-vision/improving-eyesight-naturally

## Here is a list of tips from Dunn:

- Get a 2nd opinion when needed.
- Be on the know about different types of eye examination. Early detection with regular and complete eye exams is the key to protecting your vision. You should get a baseline

eye screening at age 40. Early signs of eye disease and changes in vision may start to occur at this age. Your eye doctor will tell you how often to have follow-up exams based on the results of this screening. If you have high risk factors for glaucoma, diabetes, high blood pressure, or a family history of glaucoma, you should see an eye doctor now to determine how often to have eye exams.

- Progressive lenses are perfect for Deaf eyes B-U-T be aware there are many different kinds of progressive lenses. (Dunn can help you identify which one is ideal for you!)
- Run your eyeglasses under lukewarm water. Use a small drop of mild dish soap on your fingers and rub both sides of the lenses gently. Then gently rinse the glasses with warm water and dry gently with a clean eye cloth. (The worst kind is the toilet paper, believe it or not!)
- Make sure your eye doctor is aware of your Deaf eyes' needs.

It is crystal clear that Dunn shows a lot of love, care, and passion about making sure we take good care of our eyes. He definitely deserves an A+ for his valuable services with a dash of humor thrown in! He cares so do feel free to make an online appointment with him at <a href="https://dunnriteoptical.com">https://dunnriteoptical.com</a>.

Check Convo's Deaf Ecosystem Spotlight on Dunn Rite Optical - <a href="https://www.facebook.com/247882748746966/videos/838520156539877">https://www.facebook.com/247882748746966/videos/838520156539877</a>.

Before we close, Treasurer Thompson entertained us with Bank Day activities. There was a technical glitch with the Wheel of Names but she found a way. Carol Tipton was no show for the \$75.00 drawing so it will go up to \$100.00 at our next event on Thursday, September 16th. The winners for the second chance drawings are Steven Cole for \$15.00, Kathrine Hom for \$20.00, and Jeff Dunefsky for \$25.00. Congrats, Steven, Kathrine, and Jeff!

See you at the next MDSC event on Thursday, September 16th at 10:00 A.M.

Stay safe!

Janet

P.S. Photos of the zoom event taken by our Media/Photo Chair Andriana Canning will be shared with you later..